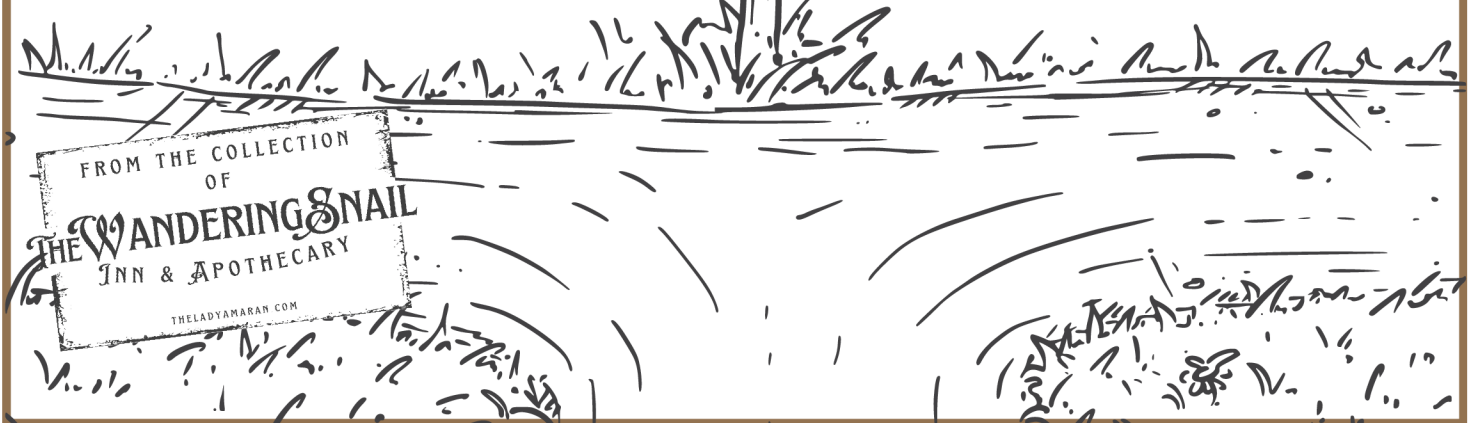
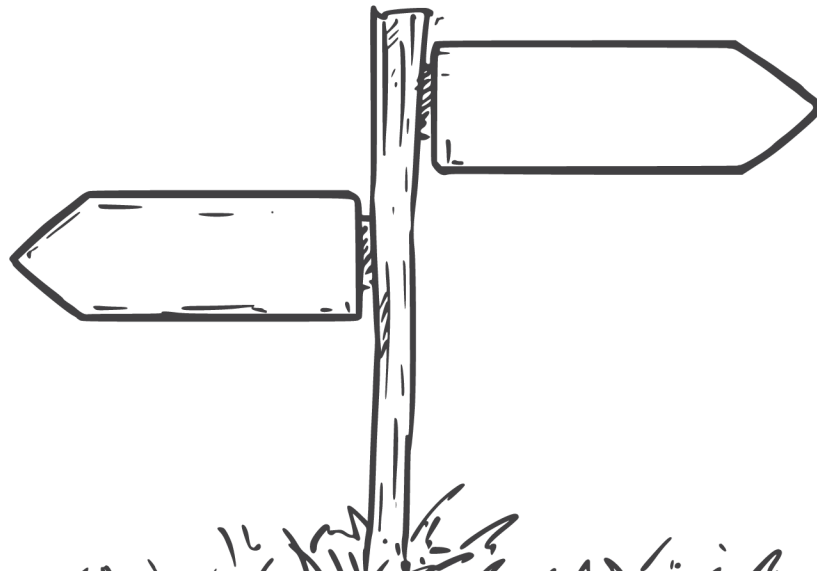


CHOICE-CRAFTING MINI QUEST

A Guided Magical Practice to Clarify
and Claim Your Power to Choose



~ CHOICE-CRAFTING MINI QUEST ~

Take a moment to settle into yourself. Breathe in... and out. You've likely made a thousand choices already today—some with care, many without a thought. But right now, you're invited to pause and make one with intention. This is your mini quest: to choose with clarity, courage, and alignment.

GROUNDING SPELL:

Sit comfortably. Place your hand over your heart or on the earth. Speak aloud (or whisper in your mind): “I call my awareness into this moment. I am safe. I am steady. I choose with power and intention.”

REFLECTION QUESTIONS:

1. What am I currently trying to decide or choose?

2. Which option feels most aligned with my truth, energy, and desire?

3. What fears, expectations, or old patterns might be influencing this decision, and what would I choose if none of those were present?

SPELL OF CHOOSING:

Once you've reflected, speak this out loud (or write it somewhere sacred):
“I choose with intention. I choose what serves my truth. I trust the ripple I create.”

This choice, no matter how small, is a thread in your story. And you, dear Seeker, are the weaver. Choose well. Choose joy. Choose you.